

## PEDIATRIC PATIENT EDUCATION CORE LIBRARY

(pages 1 to 4)

A comprehensive library of trusted health information for parents/patients covering birth through young adulthood from the American Academy of Pediatrics (AAP).

### HANDOUTS BY COLLECTION (pages 3 to 9)

Patient education handouts from established AAP programs and publications.

- AAP Institute for Healthy Childhood Weight
- ADHD Toolkit Handouts
- Autism Spectrum Disorder Toolkit Handouts
- Bright Futures Well Child Visit Handouts
- Care of the Young Athlete
- Communicating Visually in Pediatrics (NEW)
- Connected Kids: Safe, Strong, Secure
- Equity, Diversity, and Inclusion

- Extended Library
- Managing Chronic Health Needs in Child Care and Schools
- Managing Infectious Diseases in Child Care and Schools
- Mental Health Toolkit Handouts
- Pediatric Subspecialists
- Plain Language Pediatrics
- TIPP—The Injury Prevention Program
- Vaccine Information Statements (VIS)

### HANDOUTS BY LANGUAGE (page 9)

Select handouts in Spanish plus 12 other languages.

### SCHMITT PEDIATRIC CARE ADVICE (Pediatric Care Advice 2023 PDF pages 1 to 12 attached)

Patient education handouts from telehealth pioneer Barton D. Schmitt, MD, FAAP, includes symptom-based and diagnosis-based handouts.

## PEDIATRIC PATIENT EDUCATION CORE LIBRARY

A comprehensive library of trusted health information for parents/patients covering birth through young adulthood from the American Academy of Pediatrics (AAP).

1. 8 Parenting Goals to Start the New Year Strong
2. Acne: How to Treat and Control It\*
3. Acute Ear Infections and Your Child\*
4. ADHD—Common Questions about Attention-Deficit Hyperactivity Disorder Symptoms?\*
5. ADHD—How Is Attention-Deficit Hyperactivity Disorder Diagnosed?\*
6. ADHD—What Are the Symptoms of Attention-Hyperactivity Disorder?\*
7. ADHD—What Causes Attention-Deficit Hyperactivity Disorder and How Is It Treated?\*
8. ADHD—What is Attention-Deficit Hyperactivity Disorder?\*
9. ADHD—What is Behavioral Therapy?\*
10. ADHD—What Types of Medication Reduce Attention-Deficit Hyperactivity Disorder Symptoms?\*
11. Adoption: How to Talk With Your Child About Being Adopted
12. Airbags: Important Safety Information\*
13. Alcohol Use: What Parents Need to Know\*
14. Allergies in Children\*

15. Anaphylaxis\*
16. Anemia in Children and Teens\*
17. Anesthesia and Your Child: Information for Parents\*
18. Anesthesia and Your Child: The Day of the Procedure\*
19. Antibiotics Aren't Always Needed\*
20. ASD—About Medications and Integrative, Complementary, and Alternative Medicine Treatments\*
21. ASD—Communication, Social Skills, and Sensory Motor Interventions\*
22. ASD—Developmental and Behavioral Interventions\*
23. ASD—Effective Education Programs and Public Programs\*
24. ASD—Family Support and Support in School\*
25. ASD—How is the Diagnosis Made?\*
26. ASD—Joint Attention Skills\*
27. ASD—Teen and Adult Years\*
28. ASD—What Are the Early Signs of Autism Spectrum Disorder?\*
29. ASD—What Causes Autism Spectrum Disorder?\*
30. ASD—What Is Autism Spectrum Disorder?\*
31. Asthma and Your Child\*
32. Baby Walkers: Important Safety Information\*
33. Back to Sleep, Tummy to Play\*
34. Bedwetting\*
35. Beyond Screen Time: A Parent's Guide to Media Use\*
36. Born Early (Preterm): At the Hospital
37. Born Early (Preterm): Health Concerns

38. Breastfeeding Your Baby: About Weaning
39. Breastfeeding Your Baby: Caring For Your Breasts
40. Breastfeeding Your Baby: Getting Started\*
41. Breastfeeding Your Baby: How Should I Store Breastmilk?
42. Brief Resolved Unexplained Event: What Parents and Caregivers Need to Know\*
43. Bronchiolitis and Your Young Child\*
44. Building Strong Bones: Why Calcium Counts\*
45. Car Safety Seat Checkup\*
46. Car Safety Seats Guide\*
47. Car Safety Seats Product Information\*
48. Care of the Uncircumcised Penis\*
49. Child Sexual Abuse\*
50. Childproofing Your Home\*
51. Children's Dental Health: What You Need to Know
52. Choking Prevention and First Aid\*
53. Choosing a Pediatrician\*
54. Choosing Quality Child Care\*
55. Circumcision\*
56. Clean Intermittent Catheterization for Boys\*
57. Clean Intermittent Catheterization for Girls\*
58. Colds: What You Need to Know
59. Common Childhood Infections\*
60. Complementary and Integrative Medicine: What Parents Need to Know
61. Constipation and Your Child\*
62. COVID: How to Prepare for Your Child's COVID Vaccination
63. COVID-19: What Families Need to Know
64. Croup: When Your Child Needs Hospital Care\*
65. Croup and Your Young Child\*
66. Crying and Your Baby: How to Calm a Fussy or Colicky Baby\*
67. Cyberbullying: What Parents Need to Know
68. Dangers of Secondhand Smoke\*
69. Deciding to Wait\*
70. Decorative Contact Lenses: What Teens and Parents Need to Know\*
71. Depression in Children and Adolescents: Types and Signs
72. Depression in Children and Adolescents: Treatment
73. Developmental Milestones: Ages 2 Months to 5 Years
74. Diaper Rash\*
75. Diarrhea and Your Child\*
76. Discipline and Your Child\*
77. Eating Disorders: Anorexia and Bulimia\*
78. Eczema (Atopic Dermatitis)\*
79. Encourage Your Child to Be Physically Active\*
80. Febrile Seizures\*
81. Feeding Kids Right Isn't Always Easy: Tips for Preventing Food Hassles\*
82. Fever and Your Child\*
83. Fluoride Varnish Can Help Prevent Tooth Decay\*
84. Food Allergies and Your Child\*
85. Fun in the Sun: Keep Your Family Safe\*
86. Gambling and Teens: What You Need to Know\*
87. Gastroenteritis: When Your Child Needs Hospital Care\*
88. Get Fit, Stay Healthy\*
89. Giving Medicine to Children: Important Safety Information\*
90. Growing Up Healthy: Fat, Cholesterol, and More\*
91. Headaches: What Teens Need to Know
92. Head Lice: What You Need to Know\*
93. Health Care for College Students\*
94. Healthy Communication With Your Child\*
95. Helping Your School-Age Child Cope With Death
96. Hepatitis B Vaccine \*
97. Hepatitis C Virus: What You Need to Know\*
98. Hip Dysplasia (Developmental Dysplasia of the Hip)\*
99. Home Drug Testing: What Parents Need to Know \*
100. Home Safety Checklist\*
101. How to Prevent Shaken Baby Syndrome and Other Forms of Abusive Head Trauma\*
102. How to Prevent Tooth Decay in Your Baby\*
103. Imaging Tests: A Look Inside Your Child's Body\*
104. Immunizations\*
105. Inhaled and Intranasal Corticosteroids\*
106. Insect Repellents: What Parents Need to Know\*
107. Is Your Toddler Communicating With You?\*
108. Jaundice and Your Newborn\*
109. Keep Your Family Safe: Fire Safety and Burn Prevention at Home\*
110. Know the Facts About HIV and AIDS\*
111. Influenza (Flu): What You Need to Know\*
112. Lactose Intolerance and Your Child\*
113. Lead is a Poison\*
114. Learning Disabilities\*
115. Lesbian, Gay, Bisexual, and Transgender (LGBT) Teens: Information for Parents
116. Lyme Disease\*
117. Making Healthy Decisions About Sex\*
118. Marijuana Use: What Parents Need to Know\*
119. Medicine and the Media: How to Make Sense of the Messages\*
120. Meningococcal Disease: Information for Teens and College Students\*

121. Message to Parents of Teen Drivers, A\*
122. Middle Ear Fluid and Your Child\*
123. Minor Head Injuries in Children\*
124. Monkeypox (Mpox): What You Need to Know\*
125. More Fiber for Your Children? Yes! Here's Why and How.\*
126. Navigating the Teen Years: Tips for Parents
127. Newborn Hearing Screening and Your Baby\*
128. Nursemaid's Elbow\*
129. Opioid Use: What Parents Need to Know
130. Parent's Guide to Teen Parties, A\*
131. Parent's Guide to Toy Safety, A\*
132. Parent's Guide to Water Safety, A\*
133. Pets, Babies, and Young Children\*
134. [Pelvic Exam] Your First Pelvic Exam\*
135. Pinkeye and Your Child\*
136. Playground Safety\*
137. Pneumococcal Infections\*
138. Pneumonia and Your Child\*
139. Preparing Infant Formula: Important Safety Information\*
140. Protect Your Child From Poison\*
141. Protect Yourself and Help Protect Your Baby: Information for New Moms on the Tdap Vaccine\*
142. Puberty: Ready or Not Expect Some Big Changes\*
143. Ratings: Making Healthy Media Choices\*
144. Raw Milk: What You Need to Know\*
145. Respiratory Syncytial Virus (RSV)\*
146. Right From the Start: ABCs of Good Nutrition\*
147. Safe Sleep and Your Baby: How Parents Can Reduce the Risk of SIDS and Suffocation\*
148. Safety of Blood Transfusions\*
149. Separation and Divorce: Putting Your Children First\*
150. Should My Child Join a Clinical Trial?\*
151. Single Parenting\*
152. Sinusitis and Your Child\*
153. Sleep Apnea and Your Child\*
154. Sleep Problems in Children\*
155. Sleep—Your Child's Sleep Diary\*
156. Sleeping Well: Tips for Parents of Babies and Young Children\*
157. Smoking and E-cigarettes: What Teens Need to Know
158. Smoking and E-cigarettes: What Parents Need to Know About the Risks of Tobacco Use\*
159. Sports and Your Child\*
160. Starting Solid Foods\*
161. Steroids Use: What Teens Need to Know\*
162. Students With Chronic Health Conditions: Guidance for Families, Schools, and Students\*
163. Stress Management Plan
164. Suicide Prevention: Safety Plan
165. Suicide Prevention: Signs and Safety Planning\*
166. Supporting Children In Times of Crisis\*
167. Talking With Your Teen About Sex\*
168. Talking With Your Young Child About Sex\*
169. Tattooing and Body Piercing\*
170. Teen Checkups: A Message From Your Pediatrician\*
171. Teething\*
172. Temper Tantrums: A Normal Part of Growing Up\*
173. Thumbs, Fingers, and Pacifiers\*
174. Tips for Healthy Families: More and Less\*
175. Tips for Parents of Adolescents: Common Concerns\*
176. Toilet Training\*
177. Tonsils and the Adenoid\*
178. Trampolines\*
179. Treating Your Child's Pain: Medical Procedures\*
180. Treating Your Child's Pain: Surgery\*
181. Type 2 Diabetes: Tips for Healthy Living\*
182. Urinary Tract Infections in Young Children\*
183. What's To Eat? Healthy Foods for Hungry Children\*
184. When a Baby's Head Is Misshapen: Positional Skull Deformities\*
185. Your Baby's First Steps\*
186. Your Child and the Environment\*
187. Your Child Has a Sore Throat: What's the Cause?\*
188. Your Child's Eyes\*
189. Your Child's Mental Health: When To Seek Help and Where to Get Help\*
190. Your Premie's Growth: Developmental Milestones\*
191. Your Family's Mental Health: 10 Ways to Improve Mood, Naturally\*
192. Welcoming a New Sibling: How to Help Your Child Adjust\*

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### **AAP INSTITUTE FOR HEALTHY CHILDHOOD WEIGHT\***

1. Body Mass Index (BMI) in Children
2. Childhood Obesity: A Complex Issue
3. Is Weight-loss Surgery Right For My Child?
4. Treatment for Obesity in Children and Teens
5. What is Intensive Behavior and Lifestyle Treatment?

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### **ADHD TOOLKIT\***

1. ADHD Basic Facts: What Every Parent Should Know Before Starting a Child on Medication
2. Behavioral Intervention Resources for Parents
3. Homework Tips for Parents to Teens
4. Use of Psychostimulant Medication: Tips for Parents
5. Use of Psychostimulant Medication: Tips for Teens
6. Why Am I Having So Much Trouble With School?
7. Why Is My Child Having Trouble in School?

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### **AUTISM SPECTRUM DISORDER TOOLKIT\***

1. Answers About Complementary and Integrative Medicine
2. Behavior Challenges
3. Discussing the Diagnosis of Autism Spectrum Disorder With Your Child
4. Early Intervention Services
5. Financial Assistance
6. Gastrointestinal Problems
7. Inclusion in School
8. Intervention Approaches Used for Children With Autism Spectrum Disorder
9. Laboratory Tests
10. Nutrition and Eating Problems
11. School-Based Services

12. Seizures and Epilepsy
13. Sibling Support
14. Sleep Problems
15. Talking About Sexuality for Parents of Teens With Autism Spectrum Disorder
16. Teaching Social Skills
17. The Medical Home for Children With Autism Spectrum Disorder
18. Toilet Training
19. Vaccines
20. Visiting the Doctor
21. Wandering Off (Elopement)
22. Your Child and Medications

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### **BRIGHT FUTURES WELL CHILD VISITS\***

*(also see Handouts By Language)*

1. Parent Handout 2 to 5 day (First Week)
2. Parent Handout 1 Month
3. Parent Handout 2 Month
4. Parent Handout 4 Month
5. Parent Handout 6 Month
6. Parent Handout 9 Month
7. Parent Handout 12 Month
8. Parent Handout 15 Month
9. Parent Handout 18 Month
10. Parent Handout 2 Year
11. Parent Handout 2 ½ Year
12. Parent Handout 3 Year
13. Parent Handout 4 Year
14. Parent Handout 5 and 6 Year
15. Parent Handout 7 and 8 Year
16. Patient Handout 7 and 8 Year
17. Parent Handout 9 and 10 Year
18. Patient Handout 9 and 10 Year
19. Parent Handout Early Adolescent (11-14 years)
20. Patient Handout Early Adolescent (11-14 years)
21. Parent Handouts 15 and 17 Year
22. Patient Handout 15 to 17 Years
23. Patient Handout 18 to 21 Years

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### **CARE OF THE YOUNG ATHLETE**

#### **Injury Prevention**

1. ACL Injuries
2. Ankle Sprain Treatment



3. Burners and Stingers
4. Core Exercises
5. Little League Elbow
6. Osgood-Schlatter Disease
7. Patellofemoral Pain Syndrome
8. Sever's Disease
9. Shin Pain and Athletes
10. Skin Conditions and Sports Participation
11. Sports-Related Concussions
12. Sports Medicine Professionals
13. Stress Fractures
14. Shoulder Impingement
15. Treatment of Sports Injuries
16. Use of Ice and Heat
17. Use of Medicines in Sports
18. When is an Athlete Ready to Return to Play?
19. When to See a Doctor

#### **Sports**

1. Ballet and Dance
2. Baseball and Softball
3. Basketball and Volleyball
4. Biking
5. Cheerleading
6. Diving
7. Figure Skating
8. Football
9. Golf
10. Gymnastics
11. Horseback Riding
12. Ice Hockey
13. Lacrosse
14. Martial Arts
15. Racquet Sports
16. Rowing
17. Running
18. Skateboarding and In-line Skating
19. Skiing and Snowboarding
20. Soccer
21. Swimming
22. Water Polo
23. Wrestling

#### **Training Issues**

1. Aerobic Training
2. Asthma and Exercise
3. Exercise-Related Heat Illness
4. Female Athlete Triad, The

5. How to Prevent Overuse Injuries
6. Is Your Child Ready for Sports?
7. Nutrition and Supplement Use
8. Performance-Enhancing Supplements
9. Physical Activity: Creating a FITT Plan
10. Physical Activity: Overcoming Obstacles
11. Safe Weight Loss and Weight Gain in Athletes
12. Strength Training

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#### **COMMUNICATING VISUALLY IN PEDIATRICS**

Visual communication aid designed to help pediatricians and others who work in medical settings with children who are nonverbal, including toddlers; children with conditions such as autism, cerebral palsy, language disorders, intellectual disabilities, or oral-motor apraxia; or children who do not speak English. Handouts are bilingual (English/Spanish).

#### **Communication Boards**

1. Body Parts
2. How Are You Feeling Today?
3. How I Can Help Myself Stay Calm
4. Key Messages
5. Keyboard
6. What Does It Feel Like?
7. What I Will Do
8. What's Wrong?
9. Dental Procedures
10. Brushing Teeth
11. Dental Cleaning
12. Dental Filling
13. Dental Radiograph (X-ray)
14. Tooth Extraction

#### **Inpatient/Outpatient Procedures**

1. Body Computed Tomography (CT) Scan
2. Brain Computed Tomography (CT) Scan
3. Breathing Treatment
4. Casting
5. Cast Removal
6. Chest Radiograph (X-ray)
7. Dressing Change
8. Echocardiogram
9. Electrocardiogram (ECG)
10. Electroencephalogram (EEG)
11. Enema
12. Extremity Radiograph (X-ray)
13. Incision and Drainage

14. Intravenous (IV) Catheter
15. Lumbar Puncture (AKA Spinal Tap)
16. Magnetic Resonance Imaging (MRI)
17. Nasogastric Tube Insertion
18. Oxygen Therapy (Nasal Cannula)
19. Peripherally Inserted Central Catheter (PICC)
20. Splinting
21. Staples
22. Sutures
23. Staples and Sutures Pain Management Options
24. Ultrasound
25. Urinary Catheterization: Boys
26. Urinary Catheterization: Girls
27. Ways to Take Medicine

#### **Outpatient Office Visits**

1. Allergy Testing
2. Blood Draw
3. Breathing Treatment
4. Cheek Swab
5. Fluoride Varnish Application
6. Intramuscular Injections/Vaccines
7. Nasal Swab
8. Pain Management Options
9. Throat Swab
10. Tuberculosis Test
11. Urine Collection

#### **Vital Signs**

1. Blood Pressure
2. Pulse Oximeter
3. Taking Temperature
4. Weight and Height Measurements

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#### ***CONNECTED KIDS: Safe, Strong, Secure***

1. Bullying: It's Not OK
2. Connecting With Your Community
3. Everybody Gets Mad: Helping Your Child Cope With Conflict
4. Drug Abuse Prevention
5. Expect Respect: Healthy Relationships\*
6. Friends Are Important: Tips for Parents
7. Growing Independence: Tips for Parents of Young Children
8. Help Stop Teenage Suicide
9. How Do Infants Learn?\*
10. Next Stop Adulthood: Tips for Parents
11. Parenting Your Infant\*
12. Playing is How Toddlers Learn\*

13. Pulling The Plug On TV Violence\*
14. Staying Cool When Things Heat Up
15. Talking With Your Teen: Tips for Parents
16. Teaching Good Behavior: Tips on How to Discipline\*
17. Teen Dating Violence: Tips for Parents
18. Teen Suicide and Guns
19. Welcome to the World of Parenting
20. Young Children Learn a Lot When They Play\*
21. Your Child is on the Move: Reduce the Risk of Gun Injury

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#### ***EQUITY, DIVERSITY, AND INCLUSION***

1. Books to Build Character & Teach Your Child Important Values
2. Diverse and Inclusive Books For Children\*
3. Talking to Children About Racial Bias\*
4. Talking With Your Children About Racism: Start, Continue the Conversation\*
5. Using Books to Talk With Kids About Race and Racism\*

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#### ***EXTENDED LIBRARY***

The Extended Library includes access to posters published by the AAP. It may also include publications developed in collaboration with other organizations.

1. Family Media Use (poster)\*
2. Healthy Active Living—Making the Most of the First 2 Years
3. Healthy Active Living—Responsive Feeding
4. Healthy Active Living—Stick With Breastfeeding
5. Healthy Active Living—Tips for Feeding Picky Eaters
6. Healthy Active Living—Tips for Introducing Solid Foods
7. How to Measure Liquid Medicine for Your Child (poster)\*
8. Parent's Guide to GER (Gastroesophageal Reflux) and GERD (Gastroesophageal Reflux Disease)
9. ZIKA Virus: Pediatrician Advice for Families (infographic)

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#### ***MANAGING CHRONIC HEALTH NEEDS IN CHILD CARE AND SCHOOLS***

1. Achondroplasia (Short Stature Conditions)
2. Allergic Skin Conditions
3. Allergies: An Overview
4. Altered Immunity: An Overview

5. Anaphylaxis
6. Asthma
7. Attention-Deficit/Hyperactivity Disorder (ADHD)
8. Autism Spectrum Disorder
9. Bleeding Disorders: An Overview
10. Cancer
11. Celiac Disease (Gluten-Sensitive Enteropathy)
12. Cerebral Palsy
13. Childhood Obesity
14. Cleft Lip and Cleft Palate
15. Croup
16. Cystic Fibrosis
17. Developmental Delay
18. Diabetes
19. Diaper Rash
20. Down Syndrome
21. Eczema (Atopic Dermatitis)
22. Ehlers-Danlos Syndrome (EDS)
23. Fetal Alcohol Spectrum Disorder (FASD)
24. Food Allergies
25. Fragile X Syndrome
26. Gastroesophageal Reflux Disease (GERD)
27. Gastrostomy Tubes
28. Hearing Loss and Deafness
29. Heart Conditions, Functional
30. Heart Conditions: An Overview
31. Heart Defects, Structural
32. Hepatitis
33. Hip Problems (Developmental Dysplasia of the Hip, Legg-Calvé-Perthes Disease, and Slipped Capital Femoral Epiphysis [SCFE])
34. Human Immunodeficiency Virus (HIV)
35. Hydrocephalus and Shunts
36. Idiopathic Thrombocytopenic Purpura
37. Juvenile Idiopathic Arthritis (JIA)
38. Kidney/Urinary Problems
39. Marfan Syndrome
40. Mitochondrial Disorders
41. Muscular Dystrophy
42. Neonatal Abstinence Syndrome (NAS)
43. Neurofibromatosis (NF) and Tuberous Sclerosis Complex (TSC)
44. Prader-Willi Syndrome (PWS)
45. Premature Newborns (Preemies): An Overview
46. Seizures, Febrile
47. Seizures, Non-Febrile (Epilepsy)

48. Sickle Cell Disease
49. Special Diets and Inborn Errors of Metabolism
50. Spina Bifida
51. Spleen Problems
52. Tracheostomy
53. Traumatic Brain Injury (TBI) (Includes Concussion)
54. Turner Syndrome
55. Vesicostomy
56. Visual Impairments

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### **MANAGING INFECTIOUS DISEASES IN CHILD CARE AND SCHOOLS**

1. Bedbugs
2. Bites (Human and Animal)
3. Boil/Abscess/Cellulitis
4. Campylobacter
5. Chickenpox (Varicella-Zoster Infections)
6. Clostridium difficile (Also Called "C diff")
7. Croup
8. Cryptosporidiosis
9. Cytomegalovirus (CMV) Infection
10. Dental Caries (Early Childhood Caries, Tooth Decay, or Cavities)
11. Diaper Rash
12. Diarrhea
13. Diarrhea Caused by Specific Types of E coli (Escherichia coli)
14. Ear Infection
15. Fever
16. Fifth Disease (Human Parvovirus B19)
17. Giardiasis
18. *Haemophilus influenzae* Type b (Hib)
19. Hand-Foot-and-Mouth Disease
20. Hepatitis A Infection
21. Hepatitis B Infection
22. Herpes Simplex (Cold Sores)
23. HIV/AIDS
24. Impetigo
25. Influenza
26. Lice (Pediculosis Capitis)
27. Lyme Disease (and Other Tick-borne Diseases)
28. Measles
29. Meningitis
30. Molluscum Contagiosum
31. Mononucleosis
32. Mosquito-borne Diseases



33. Mouth Sores
34. Mumps
35. Norovirus
36. Pinkeye (Conjunctivitis)
37. Pinworms
38. Pneumonia
39. Respiratory Syncytial Virus (RSV)
40. Ringworm
41. Roseola (Human Herpesvirus 6 and 7)
42. Rotavirus
43. Rubella (German Measles)
44. Salmonella
45. Scabies
46. Shigella
47. Shingles (Herpes Zoster)
48. Staphylococcus aureus (Methicillin-Resistant [MRSA] and Methicillin-Sensitive [MSSA])
49. Strep Throat (Streptococcal Pharyngitis) and Scarlet Fever
50. Sty
51. Thrush (Candidiasis)
52. Tuberculosis (TB)
53. Upper Respiratory Infection (Common Cold)
54. Urinary Tract Infection
55. Vomiting
56. Warts (Human Papillomavirus)
57. Whooping Cough (Pertussis)

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### **MENTAL HEALTH TOOLKIT HANDOUTS\***

1. Activities to Help Your Child or Adolescent Manage Anxiety
2. Guidelines for Special Time and Time In
3. Managing Anxiety: Tips for Families
4. Managing Depression or Sadness: Tips for Families
5. Managing Disruptive or Aggressive Behaviors: Tips for Families
6. Managing Inattention, Impulsivity, and Hyperactivity: Tips for Families

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### **PEDIATRIC SUBSPECIALISTS**

*(What is a...)*

1. Pediatric Subspecialists (overview)
2. Adolescent Health Specialist
3. Child Neurologist
4. Developmental-Behavioral Pediatrician
5. Neonatologist\*

6. Pediatric Allergist/Immunologist\*
7. Pediatric Anesthesiologist\*
8. Pediatric Critical Care Specialist\*
9. Pediatric Dentist
10. Pediatric Dermatologist\*
11. Pediatric Emergency Physician\*
12. Pediatric Endocrinologist\*
13. Pediatric Gastroenterologist\*
14. Pediatric Geneticist\*
15. Pediatric Hematologist/Oncologist\*
16. Pediatric Hospitalist\*
17. Pediatric Infectious Diseases Specialist\*
18. Pediatric/Neonatal Critical Care Transport Team
19. Pediatric Nephrologist\*
20. Pediatric Neurosurgeon\*
21. Pediatric Ophthalmologist\*
22. Pediatric Orthopedic Surgeon\*
23. Pediatric Otolaryngologist\*
24. Pediatric Plastic Surgeon\*
25. Pediatric Pulmonologist\*
26. Pediatric Radiologist\*
27. Pediatric Rheumatologist\*
28. Pediatric Sports Medicine Specialist\*
29. Pediatric Surgeon\*
30. Pediatric Urologist\*

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### **PLAIN LANGUAGE PEDIATRICS\***

1. Asthma
2. Asthma Triggers
3. Bedwetting
4. Choosing Over-the-Counter Medicines
5. Croup
6. How to Take Your Child's Temperature
7. Prescription Medicines and Your Child
8. Secondhand Smoke
9. Start Reading to Your Child Early
10. Temper Tantrums
11. Using Liquid Medicines
12. Using Over-the-Counter Medicines

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### **TIPP—THE INJURY PREVENTION PROGRAM**

#### **Safety Sheets**

1. Birth to 6 Months\*
2. 6 to 12 Months\*





3. 1 to 2 Years\*
4. 2 to 4 Years\*
5. 5 Years\*
6. 6 Years\*
7. 8 Years\*
8. 10 Years\*

#### **Safety Slips**

1. Babysitting Reminders
2. Firearms Injury Prevention
3. Four Steps to Prepare Your Family for Disasters
4. Home Water Hazards for Young Children
5. Infant Furniture: Cribs
6. Lawn Mower Safety
7. Life Jackets and Life Preservers
8. Pool Safety for Children
9. Protect Your Child...Prevent Poisoning
10. Protect Your Home Against Fire...Planning Saves Lives
11. Safe Driving...A Parent's Responsibility
12. Safety Tips for Home Playground Equipment
13. Water Safety for Your School-aged Child
14. When Your Child Needs Emergency Medical Services

#### **Bicycle Safety**

1. About Bicycle Helmets
2. Bicycle Safety: Myths and Facts
3. Child as Passenger on an Adult's Bicycle, The
4. Choosing the Right Size Bicycle for Your Child
5. Safe Bicycling Starts Early
6. Tips for Getting Your Children to Wear Bicycle Helmets

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#### **VACCINE INFORMATION STATEMENTS (VIS) and Immunization Information Statement**

1. Respiratory Syncytial Virus (RSV) Preventive Antibody (Immunization Information Statement)
2. Dengue\*
3. DTaP (Diphtheria, Tetanus, Pertussis)\*
4. Hepatitis A\*
5. Hepatitis B\*
6. Hib (*Haemophilus influenzae* Type b)\*
7. HPV (Human Papillomavirus) \*
8. Influenza (Inactivated or Recombinant)\*
9. Influenza (Live, Intranasal)\*
10. Meningococcal ACWY\*
11. Meningococcal B\*
12. MMR (Measles, Mumps, Rubella)\*
13. MMRV (Measles, Mumps, Rubella, Varicella)\*

14. Pneumococcal Conjugate\*
15. Pneumococcal Polysaccharide\*
16. Polio\*
17. Rotavirus\*
18. Td (Tetanus, Diphtheria)\*
19. Tdap (Tetanus, Diphtheria, & Pertussis)\*
20. Varicella (Chickenpox) Vaccine\*
21. Your Child's First Vaccines\*

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#### **HANDOUTS BY LANGUAGE**

Languages: Arabic, Bengali, Chinese (Mandarin), French, Haitian Creole, Hmong, Korean, Polish, Portuguese, Russian, Spanish, Somali, and Vietnamese.

#### **Core Library**

1. Children's Dental Health: What You Need to Know
2. Colds: What You Need to Know
3. Constipation and Your Child
4. Diarrhea and Your Child
5. Encourage Your Child to Be Physically Active
6. Fever and Your Child
7. Immunizations: What You Need to Know
8. Influenza (Flu): What You Need to Know
9. Respiratory Syncytial Virus (RSV)
10. Safe Sleep and Your Baby: How Parents Can Reduce the Risk of SIDS and Suffocation
11. Starting Solid Foods

#### **Bright Futures Parent Handouts**

1. 2 to 5 day (First Week)
2. Parent Handout 1 Month
3. Parent Handout 2 Month
4. Parent Handout 4 Month
5. Parent Handout 6 Month
6. Parent Handout 9 Month
7. Parent Handout 12 Month
8. Parent Handout 15 Month
9. Parent Handout 18 Month
10. Parent Handout 2 Year

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<b>Title</b>	<b>Category</b>
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<b>Title</b>	<b>Category</b>
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<b>Title</b>	<b>Category</b>
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<b>Title</b>	<b>Category</b>
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<b>Title</b>	<b>Category</b>
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<b>Title</b>	<b>Category</b>
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<b>Title</b>	<b>Category</b>
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